

AUTISM NEWSLETTER

Social Perspective Taking: The 5 Steps of Being with Others

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The Five Steps of Being with Others is a framework to unpack social perspective taking. Social perspective taking is a complicated process that requires us to explicitly teach something that, for the neurotypical social learner, develops intuitively over time. Our role as interventionists is to help social learners begin to develop metacognitive awareness of different aspects of the many moving parts of perspective taking. The following five-step treatment framework seeks to define elements of this abstract process in a concrete manner that can be further explored and discussed.

Defining the 5 Steps of Being with Others

Step 1: I notice the social situation and the people in it. I am also aware that you are doing the same thing.

Step 2: In each social situation, I am aware that I am thinking about you and that you may be thinking about me.

Step 3: I think about why you and others are here, what each of you are thinking or feeling, what you are doing, and/or why you may be doing it. I am trying to figure out your motive, intention, or plan.

Step 4: I also realize you may be thinking about me (and others in the situation), why each of us is in the social situation, what we each may be thinking, feeling, or planning, based on what I or others say or do to try and figure out our motives, intentions, or plans.

Step 5: I monitor and possibly adjust my behavior to try to keep you thinking and feeling about me in the way I want you to, based on my own social goals for the situation and the expectations you have for me in this context. In the same way, you are likely monitoring and possibly adjusting your behavior to try and keep me and others thinking and feeling about you in the manner you want, based on your social goals and our social expectations for each of us in this situation.

Region 10 Professional Development Opportunities August 2022

<https://www.smore.com/6kec4-profession-development-registration?ref=email>

Let's Rally 2022 - \$90 for 3 days + \$85 for Self and Match for teachers (August 2-4)- Upon registration you will receive a confirmation. In the confirmation is a session survey for you to indicate which sessions you plan to attend. Please complete that survey when you receive your confirmation. DADD & DEBH will be live streamed to the Woodlake Meeting Center from St. Thomas university where they will be broadcasting across the state.

Navigating Behaviors \$120 (August 8-12)

Prevent Teach Reinforce \$60 (August 18-9)

STAR or Links through STAR Autism Supports \$90 for STAR \$30 for Links (August 16-18)

GCED Summer Symposium

August 8 - 12, 2022 Registration link coming soon from GCED

- Read 180
- SpEd Forms 2.0
- Edgenuity Training
- Calm Classroom
- Heck and Connect
- All Things Assistive Technology
- System 44
- eduClimber
- Math 180
- Supporting Eng. Lang. Learners as a Classroom Teacher
- FAST for School Managers
- FAST SAEBRS
- Sonday 1
- Zones of Regulation

Upcoming CPI Trainings

August 15 - 17, 2022 Full/Refresher Options

Virtual, at home, training must be completed prior to the in person training.

[CPI Registration Link](#)

