



Research to Results™

# SMART Goal Writing

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# Write the Goal

- ✓ Specify desired behavior
- ✓ Specify measurement conditions
- ✓ Specify criterion for success
- ✓ Check: Could you graph this goal?

In (number) weeks, when (condition) occurs,  
(learner) will (behavior) to a (criterion).

# Specify Desired Behavior

1. Use a replacement behavior
  - Incompatible with the problem behavior.
2. Increase a desirable behavior
3. Decrease a non-desired behavior
  - Be sure to:
    - ❖ *State how the replacement behavior will be taught in the plan.*
    - ❖ *Make an extra effort to ensure implementation integrity.*

# SMART Goals

**S: Specific** Expected outcomes stated simply, concisely and explicitly.

Answers: how much, for whom, for what?

**M: Measurable** Outcome can be assessed.

**A: Achievable** Realistic given resources and time.

**R: Relevant** Data suggest a problem exists.

**T: Timely** Timeframes are explicit.

# Dead Man's Test

*Can a dead man do it?*

*If yes, it does not pass.  
If no, it does.*



# Dead Man's Test

*Example:*

*Target behavior is "swears at peers."*

*Ask: Does this pass the dead man's test?*

"Does not swear at peers."

"Speaks to peers without swearing."



# Dead Man's Test

*Example:*

*Target behavior is “doesn’t sit still during circle time”*

*Ask: Does this pass the dead man's test?*

“Sit still during circle time.”

“Sit on pockets with legs crossed, hands on lap during circle time.”



# Specify Measurement Conditions

## Include:

- ❖ *Time frame (e.g., 4 weeks, end of the school year)*
- ❖ *Measurement material*
  - Benchmark or screening tool: FBL measure
  - Observation tool (e.g., time on task)
- ❖ *Setting (e.g., in general education classroom; when given picture naming cards and 1 minute)*



# Specify Criterion for Success

- State level of expected performance
- e.g., 21 letter sounds, 85% on task.

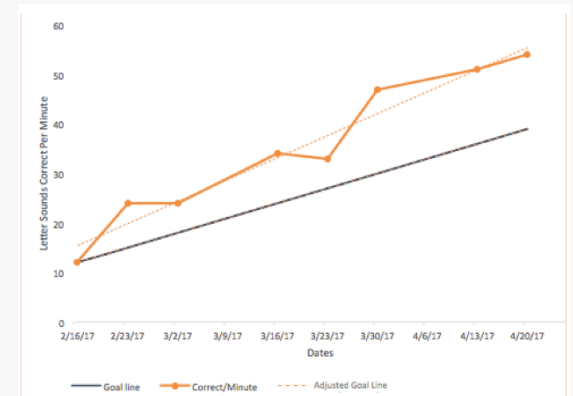
## Consider:

- ✓ What was the performance standard of your discrepancy statement?
- ✓ Consider expected rate of progress (e.g., 1/2 picture per month, 10% improvement of behavior per week).
- ✓ Be ambitious and realistic.

# Could you graph this goal?

## Check:

- ✓ Is the behavior to be measured defined?
- ✓ Are the measurement conditions clear?
- ✓ Is the criterion for success specified?



# Rebecca's Goal: Kindergarten

- By June 2018, when given the earlyReading Letter Sounds assessment, Rebecca will read 41 correct responses in one minute.

In (number) weeks, when (condition) occurs, (learner) will (behavior) to a (criterion).

## Jaydon's Goal: 3<sup>rd</sup> grade

- By June 2018, when given the CBMreading assessment, Jaydon will read 131 words read correct in one minute.

In (number) weeks, when (condition) occurs, (learner) will (behavior) to a (criterion).

# Small Group Activity: Write one example.

1. Early literacy skills are not accurate or fluent
2. Does not read fluently
3. Math computation is weak

In (number) weeks, when (condition) occurs,  
(learner) will (behavior) to a (criterion).

- Extra Credit: Can you write any non-examples of a goal that teams may like but would NOT meet the criteria?